

Joint Resiliency Director (JRD)
CH (COL) R. Patrick Moore
W: 573-638-9613 C: 573-301-6964

Deputy Director, JRD
CW5 Daniel Eagan
W: 573-638-9500 (ext. 37110)

Senior Operations NCO, JRD
SGM Anthony Zerbonia
W: 573-638-9704

Operations NCO/Casualty Assistance Manager
SFC Gessee Steck
W: 573-638-9500 (ext. 37096) C: 573-356-9356

Integrated Primary Prevention Officer
MAJ Erick Turley
W: 573-638-9500 (ext. 37093)
C: 660-238-4617
Integrated Primary Prevention Specialist
Chris Crowson (ext. 37688)
Sexual Violence Prevention Lead
Sarah Jimerson (ext. 37735)
Self-Directed Harm Prevention Lead
Kimerly "Kim" Chillers (ext. 37094)
Workplace Violence/Harassment Lead
Kay Calton (ext. 39891)
Family Violence Prevention Lead
Brysen DeChant (ext. 37091)
Prevention Specialist (West Region)
Bryan Patrick (ext. 35102)
Prevention Specialist (East Region)
Adam Moss (ext. 36671)
Prevention Specialist - 131st BW
Kirstin Inwood W: 660-687-3606
Prevention Specialist - 139th AW
Marty Clary W: 816-236-3064

Sexual Assault Prevention & Response (SAPR)
Sexual Assault Prevention & Response Officer
Benjamin Funk
W: 573-638-9500 (ext. 37489)
C: 573-658-0537
MO-JFHQ Victim Advocate
VACANT
W: 573-638-9500 (ext. 37486)

MOARNG Psychological Health
Psychological Health Coordinators
Blake Thomas - Director (JC - ISTS)
W: 573-638-9500 (ext. 37083)
C: 573-694-8651
Chelsea Sherley (JC - ISTS)
W: 573-638-9500 (ext. 37275)
C: 573-658-0535
Kristine Stephens (Columbia Armory)
W: 573-449-6246 (ext. 11615)
C: 573-658-0534
Emma Wangelin (St. Louis - JB)
W: 314-416-6675
C: 314-580-5089

MOARNG Religious Affairs
State Chaplain (Jefferson City)
CH (COL) R. Patrick Moore
W: 573-638-9316 (ext. 39613)
C: 573-301-6964
Supervisory Chaplain (Jefferson City)
VACANT
W: 573-638-9827
C:
West - Kansas City
CH (MAJ) Jonathan Davis
W: 816-922-5026 (ext. 35026)
C: 816-805-9748
Southwest - Springfield
CH (LTC) Bryan Dodge
W: 417-868-6000 (ext. 36069)
C: 417-650-8552
East - St. Louis (Jefferson Barracks)
VACANT
W: 314-416-6660 (ext. 36660)
C:

MISSOURI NATIONAL GUARD - CARE TEAM

Medical Emergency: Call: 911

Suicide & Crisis Helpline: Call: 988 and press **1**, **Visit:** <https://www.veteranscrisisline.net>,
Chat: text with a Crisis Line responder- send a text message to **838255** or through [veteranscrisisline.net/chat](https://www.veteranscrisisline.net/chat)
Missouri 24/7 Sexual Assault Helpline: 573-694-4124

DEERS / ID Cards
State NCOIC
SSG Amy Pelsor
W: 573-638-9500 (ext. 37731)

Survivor Outreach Services (SOS)
Jefferson City
Cynthia "Cindy" Fields
W: 573-638-9500 (ext. 37784) C: 573-508-2868
Springfield
Elexa Fisher
W: 417-868-6006 C: 417-496-7940
St. Louis (JB)
Heather Donnelly (north)
W: 314-416-6600 (ext. 36543) C: 314-201-1418
Shelly Volz-Hazel (south)
W: 314-416-6635 C: 314-327-5707

Transition Assistance Advisor
Mark Jones (JC - ISTS)
W: 573-638-9797 (ext. 39797)
C: 573-291-8253
Johnny Kline (Springfield)
C: 252-665-4423

State Equal Employment Manager
CW3 Tiffany Ray
W: 573-638-9500 (ext. 39689)
Equal Employment/Equal Opportunity Spec.
Michael Marsden
W: 417-868-6000 (ext. 36020)

Employer Spt. of the Guard & Reserve (ESGR)
LTC Justin Bowden
W: 573-638-9625 (ext. 39625) C: 816-699-1867

Passport Agent (Jefferson City)
SGT Jason Comstock
W: 573-638-9538

State Family Program Director
CPT Jason Wilkerson
W: 573-638-9504
C: 573-259-8779
Lead Soldier & Family Readiness Specialists
Neil Lamont
W: 417-624-0722 (ext. 13132)
C: 417-430-5199
Military & Family Readiness PGM (Air)
139th AW
Amy Mathias (St. Joseph)
W: 816-236-3939
131st BW
Mildred Munro (JB & WAFB)
W: 314-527-8305

MOARNG Child & Youth Program (CYP)
Lead Child & Youth Program Coordinator
Shavon Parker
W: 573-638-9500 (ext. 37729)
C: 573-353-7501
Child & Youth Program Coordinator
Stacy Worthington
W: 573-638-9500 (ext. 37739)
C: 573-353-7491

Retirement Services Office
John R. Lewis
W: 573-638-9648 (ext. 39648)
Todd E. Henderson
W: 573-638-9500 (ext. 37011)
Stella Druml
W: 573-638-9602 (ext. 39602)



For updates, call or email:

Brysen Dechant (573) 638-9500 (ext. 37091), brysen.r.dechant.civ@army.mil

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Army

Air

Yellow Ribbon Reintegration Program (YRRP)

1LT Joseph Fortenberry
W: 573-638-9500 (ext. 39645)
C: 409-429-4122
SFC Evangeline McKay
W: 573-638-9500 (ext. 37733)

Risk Reduction, Resilience, and Suicide Prevention (R3SP)

SGT Robyn Jones (NCOIC)
W: 573-638-9500 (ext. 37090)
Lead Risk Reduction Coordinator
James Howard "Kiilani" Keeter
W: 573-638-9500 (ext. 37727)
Prevention Coordinator (Suicide)
Scott Payne
W: 573-638-9557
Prevention Coordinator (Substance Abuse)
Chance Pinkerton
W: 573-638-9596

Drug Testing Program

Drug Testing Coordinators

SGT Ashton Maasen
W: 573-638-9812
SSG Sayanara Soth
W: 573-638-9500 (ext. 37137)

Education & Incentives

OIC
CW4 Allen Woods
W: 573-638-9500 (ext. 37053)
NCOIC
SSG McConnell Kraft
W: 573-638-9500 (ext. 37051)
Incentives Manager
SSG Autumn Malloy
W: 573-638-9500 (ext. 37690)
Federal Tuition Assistance
Dr. Theresa Jefferson
W: 573-638-9500 (ext. 39637)
State Tuition Assistance
Brenella Mehrhoff
W: 573-638-9500 (ext. 37023)
SLRP/Bonuses
SPC Harlee Kempker
W: 573-638-9500 (ext. 37689)
GI Bill
SPC Travis Hildreth
W: 573-638-9500 (ext. 37139)

Holistic Health & Fitness (H2F)

CPT Ann Robbins (Region OIC)
W: 816-922-5000 (ext. 35059)
C: 573-528-8006
1LT Christopher Barrett (JC-ISTS)
W: 573-638-9500 (ext. 37427)

MOARNG Sexual Assault Team

110th MEB Sexual Assault Resp. Coord. (SARC)
Jesse West
W: 816-922-5000 (ext. 35104)
35th MP BDE SARC
Jarren Gorka
W: 314-416-6600 (ext. 36663)
C: 573-694-8634
35th MP BE Victim Advocate
Tovonna Swan
W: 314-416-6600 (ext. 36662)
C: 573-301-5503

Whiteman Air Force Base & St. Louis

131st BW Directors of Psychological Health

VACANT
W: 660-687-7407 C: 314-753-0342
Kimberly Barragan (JB)
C: 314-939-0246
Dedicated to Local Bomb Wing

131st BW Chaplain Services

CH (Lt Col) Sam Smith
C: 636-248-8972
CH (Maj) Charlie Dey
C: 314-299-3363

131st BW Airman & Family Readiness Program

Mildred Munro (JB & WAFB)
W: 314-527-8305/6
C: 314-369-2566

131st BW Primary Prevention Specialist

Kirstin Inwood
W: 660-687-4732

131st Inspector General (JBANGS)

Lt Col John Arata
W: 636-448-4024

131st BW Equal Opportunity

VACANT
W: 660-687-5736

131st BW Human Resource Advisor

SMSgt Ebony Hodges (DSG only)
W: 660-687-7519 C: 816-446-2882

131st BW Domestic Abuse Victim Advocate (WAFB)

Mike Coleman
W: 660-687-5509
24/7 DAVA Hotline: 660-324-4752

131st BW Sexual Assault Response Program

Andrea Dodd (WAFB) - SARC
W: 660-687-2650 C: 660-563-0666
Mariah Gotsch (JB) - Victim Advocate
W: 314-527-9800 C: 660-563-0717

St. Joseph

139th AW Director of Psychological Health

Jason Dye
W: 816-236-3356
C: 816-244-3032
Dedicated to Local Air Wing

139th AW Chaplain Services

CH (Capt) Jeremy Fruechting
W: 816-236-3236
C: 816-390-0975

139th AW Senior Military & Family Readiness

Amy Mathias (Program Manager)
W: 816-236-3511
C: 816-390-2777

139th AW Military & Family Life Counseling

Karen O'Dea
W: 816-236-3199
C: 816-722-0342

139th AW Primary Prevention Specialist

Marty Clary
W: 816-236-3064

139th AW Equal Opportunity

Major Stephen Kollitz
W: 816-236-3837

Education & Incentives

Janette King
W: 816-236-3208
Cell: 573-638-9822

139th AW Sexual Assault Response Coord.

Lyndsay Bennett
W: 816-236-3677
C: 816-344-4744

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The Family & Warrior Support (FWS) mobile app is free and available for both iOS and Android devices. To download, search for 'MONG Family & Warrior Support' or scan the codes below.



Serving All Branches of Service

Family Assistance Centers (FACs)
Soldier & Family Readiness Specialists (Army)
Military & Family Readiness (Air)

Cape Girardeau
Michael L. Woods
W: 573-339-6206 (ext. 16206)
C: 573-508-8656

Ft. Leonard Wood
Antoinette Clark
W: 573-329-9000 (ext. 39027)
C: 937-213-3895

Jefferson City (Blue Army)
Marie C. Ward
W: 573-659-1600 (ext. 31626)
C: 573-489-7463

Jefferson City (ISTS)
Eric Schaben
W: 573-638-9672
C: 660-351-5659

Joplin
Neil Lamont
W: 417-624-0722 (ext. 13132)
C: 417-430-5199

Macon
Christopher Smead
W: 660-385-1167 (ext. 13716)
C: 573-529-6312

Sedalia (MG John C. McLaughlin Armory)
Carla Caldwell
W: 816-559-4100 (ext. 34022)
C: 660-351-5877

St. Louis (Jefferson Barracks)
Ryan G. Fisher
W: 314-416-6638 (ext. 36638)
C: 636-535-7333

Mildred Munro (air)
314-527-8305/6

St. Joseph (Mayes Memorial Armory)
Jill Kain
W: 816-390-8693 (ext. 15415)
C: 816-565-3400

St. Joseph (Rosecrans)
Amy Mathias (air)
W: 816-236-3511 (DSN: 356-3511)
C: 816-390-2777

Springfield (Ralph E. Truman Armory)
Nick Carnes
W: 417-868-6024 (ext. 36024)
C: 417-425-3452

Warrenton
Krystl Jessop
W: 314-832-1158 (ext. 13008)
C: 314-914-9328

Whiteman Air Force Base
Mildred Munro (air)
314-527-8305/6

DEERS / ID Cards - Call Ahead

Ft. Leonard Wood (35th EN BDE Armory)
573-329-9000 (ext. 39111)

Jefferson City (ISTS)
573-638-9500 (ext. 37731 / 37732)

Kansas City (Ozark Armory)
816-922-5033 (ext. 35121)

Lexington
660-259-7731 (ext. 13623)

Maryville (1/129th FA Armory)
573-638-9500 (ext. 16016)

Camp Clark
573-638-9500 (ext. 33008)

St. Louis (JB)
314-416-6619 (ext. 36619)

Springfield (Fremont Armory)
573-638-9500 (ext. 36046)

St. Joseph (139th AW, Rosecrans)
816-236-3330

TRICARE - West Region
844-866-9378
www.tricare-west.com

TRICARE - East Region
800-444-5445
www.tricare-east.com

TRICARE for Life (TFL) w/ Medicare A & B
866-773-0404
www.tricare4u.com

TRICARE Pharmacy
877-363-1303
www.express-scripts.com

Active Duty Dental Program (ADDP)
(for AGRS & ADOS with 30-day+ orders)
866-984-2337
www.addp-uccl.com

TRICARE Dental Program (TDP)
(for M-Day & Family members)
844-653-4061
www.uccitdp.com

Retiree Dental Program
877-888-3337
www.benefeds.com

Vision for M-Day & Family members
877-888-3337
www.benefeds.com

Retiree Vision Program
877-888-3337
www.benefeds.com

Retiree Council Members

Northeast Region:
Alan Garrison
alan.garrison@juno.com
Dan Hatcher
816-392-5668
Michael McQueen
217-257-8855

Eastern Region:
Bill Leeper
314-487-3863
314-580-8768
billandal@sbcglobal.net
David Riley
314-750-6584
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314-846-7743
314-608-3751
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314-832-0939
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dhsimons@sbcglobal.net

Tony Cosentino
636-296-9908
314-422-3436
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Southeast Region:
Donal Firebaugh
573-783-5447
573-783-9436
firebaugh@yahoo.com

Central:
William Johnson
573-999-9904
pointtechnology06@yahoo.com
Sharon Peery
660-353-4330
sharonp3cs@gmail.com

Northwest Region:
Gaila Sullivan
816-436-5860
sulli819@hotmail.com
Randy Rodenberg
660-329-0540
brazydaze@yahoo.com
Thomas Morris
816-617-7175
tmorris25@kc.rr.com

Retiree Council Members (cont.)

Western Region:
Gary Boyd
816-835-1043
boydg@umkc.edu
Derbo Caicedo
816-309-0446
really67omg@gmail.com
Breck Ferguson
816-674-5873
fergie2505@gmail.com

Southwest Region:
James Dunn
417-438-1985
sfcdunn@sbcglobal.net
Jackie Adams
417-543-4770
jackieadams1026@gmail.com
Gary Gilmore
417-466-4094
chaplaingary2@gmail.com

Missouri Veterans Centers (Vet Center) (provides confidential counseling)

Columbia
2475 Broadway Bluffs Drive; Ste. 40
573-814-6206

Kansas City
4800 Main Street; Ste. 107
816-922-5300

Springfield
319 E. Battlefield Road; #B
417-891-4988

St. Louis
287 N. Lindbergh Blvd
314-894-5739

Missouri Veterans Commission

Jefferson City
205 Jefferson Street
573-751-3779

Springfield
1515 E. Pythian
417-895-6532

Food Pantries

Jefferson City (VFW)
Judy Minard
C: 573-694-8831
Patty Lecomte
C: 573-645-1955

St. Louis (Jefferson Barracks)
Linda Ferguson
C: 314-650-0188

MILITARY
ONESOURCE

24/7 Phone: 800-342-9647

Chat: <https://livechat.militaryonesourceconnect.org/webchat/>

Website: www.militaryonesource.mil

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Veterans/Military Crisis Line Geographical Region/Command Contact:

Northern Command:	Dial 9-8-8 then press 1	
Indo-Pacific Command:	Call 1-844-702-5493 (off base) or DSN 9-8-8 (on base)	
European Command:	Call 1-844-702-5493 (off base) or DSN 9-8-8 (on base)	
Central Command:	Call 1-855-422-7719 (off base) or DSN 9-8-8 (on base)	
African Command:	Call 1-888-482-6054 (off base) or DSN 9-8-8 (on base)	
Southern Command:	Call 1-866-989-9599 (off base) or DSN 9-8-8 (on base)	

Additional information can be found at: <https://www.veteranscrisisline.net/get-help-now/military-crisis-line/>.

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